

# Bleisure Guilt Tourism Guide



The business traveller's guide to seeing  
the city, not just the schedule.

 **GOOD** BUSINESS  
TRAVEL  
PART OF THE GOOD TRAVEL COLLECTIVE








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# Amsterdam

*The Netherlands*



Coffee shop ☕

## LOT 61 Coffee Roasters

Tucked along Kinkerstraat in West Amsterdam, LOT 61 is serious about coffee, and it shows. Every cup is levels above the average hotel breakfast brew. When you've got a full day of meetings ahead, this is the kind of place worth leaving ten minutes early for.

Restaurant 🍴

## The Pantry

Forget the tourist trap menus of pancakes and frites, The Pantry is where you go for real Dutch cooking. Think hearty pea soup, comforting hutspot, and the kind of home-style food that locals actually grew up eating.





Bar 

## Proeflokaal Arendsnest

After a long day of back-to-backs, skip the hotel bar and head to Arendsnest. This classic brown café serves exclusively Dutch beers and wines, making it the perfect place to wind down with something local in hand. With over 50 Dutch beers on offer, you might need more than one visit to work through it.

Attraction 

## NDSM Wharf

If you want to see a different side of Amsterdam, jump on the ferry to NDSM Wharf. This former shipyard has reinvented itself as one of the city's most dynamic cultural spaces. It offers street art, pop-up exhibitions, and a buzzing bar and restaurant scene, all wrapped in a raw industrial atmosphere.

Hidden Gem 

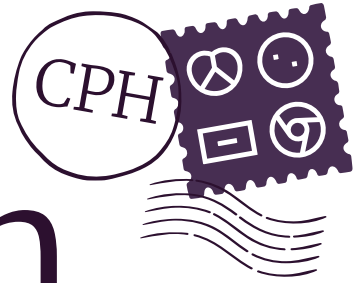
## Ons' Lieve Heer op Solder

From the outside, it's just another Amsterdam canal house. But climb to the top floors and you'll find a fully functioning Catholic church, secretly built in the 1660s when the religion was banned. Most people walk straight past it. Don't be most people.



# Copenhagen

Denmark



Coffee shop ☕

## Coffee Collective

Copenhagen is known for its good coffee, but few do it better than Coffee Collective. Roasting in-house and baking their own pastries fresh daily, this is the kind of pit-stop that makes the morning commute to your next meeting considerably more bearable.

Restaurant 🍴

## Restaurant Schønnemann

A Copenhagen institution since 1877, Schønnemann is the place to try smørrebrød done properly. Open for lunch only, it's the perfect excuse to step away from the laptop and experience a genuine slice of Danish food culture - herring, rye bread, and all.





Hidden Gem 

## Kastellet

Five minutes from the famous Little Mermaid and almost always overlooked, Kastellet is one of Copenhagen's best-kept secrets. This 17th century fortress is still fully intact, complete with grassy ramparts, a windmill and even a moat, offering you a rare chance to decompress in the middle of the city.

Bar 

## Ruby

Tucked inside a charming old townhouse in the city centre, this sophisticated cocktail bar strikes the perfect balance between relaxed and refined. Ruby is exactly where to decompress after meetings or impress a client over a well-crafted cocktail. It's one of Copenhagen's best, and easy to see why.

Attraction 

## Nyhavn

No trip to Copenhagen is complete without at least one stop at Nyhavn. The iconic harbour full of colourful 17th-century townhouses and waterside cafés that will show you why it's worth arriving a day early or staying a day late. You can even get the iconic photo that proves you did more than just sit in meeting rooms all week.





# Barcelona

*Spain*



Coffee shop ☕

## NOMAD

Barcelona has no shortage of good coffee, but NOMAD has become a Catalan coffee institution. With three locations across the city, award-winning baristas, and beans sourced and roasted entirely in-house, consider it an essential to your mornings.

Restaurant 🍴

## Cal Pep

No reservations, no written menu, no fuss. Cal Pep has been doing things its own way for decades, and its reputation tells you it's working. Trust the staff to guide you through the wine and whatever's good that day, and settle in for authentic tapas that you'll be writing home about.



Bar 

## Paradiso

You'll find Paradiso through the back of a pastrami bar, through the refrigerator door. A unique entrance, but what's on the other side has landed it in the world's 50 best bars eight years running. The drinks will be worth every minute of a late night.

Attraction 

## Park Güell

Everyone knows Park Güell, but that's no reason to skip it. If you've got a spare morning or a rare hour to yourself before the crowds and the noise, the sweeping views over Barcelona are worth every minute. It will remind you that you're in one of the most beautiful cities in Europe, not just on a work trip.

Hidden Gem 

## Poblenou neighbourhood

Poblenou is one of Barcelona's coolest neighbourhoods right now, and most tourists haven't caught on yet. If you've got a free evening and want to eat and drink somewhere that feels genuinely local, this is where to go. Most tourists never think to visit, and that's exactly why you should.





# Riga *Latvia*

Coffee shop ☕

## Rocket Bean Roastery

Rocket Bean has been setting the standard for specialty coffee in Riga for over a decade, and with multiple locations across the city there's no excuse not to stop in. Laptop-friendly, genuinely great coffee, your mornings will feel a lot more manageable.

Restaurant 🍴

## Folkklubs Ala Pagrabs

A folk club, a beer hall, and one of Riga's best dinner spots all rolled into one. Tucked beneath the cobblestones of Old Town, Ala Pagrabs serves up hearty Latvian cooking alongside an impressive lineup of local beers, and live folk music five nights a week for a traditional Riga experience.

Bar 🍸

## Labietis Culture Pub

For a variety of locally-brewed beers on tap, Labietis Culture Pub is the place to go. The crowd is local, the atmosphere is relaxed, and there's always something new on tap worth trying. Order something you've never heard of and see what happens.



Hidden Gem 

## Kalnciema Quarter Market

If you're thinking about extending your trip into the weekend, the Kalnciema Quarter Market is a good reason to do it. On the left bank of the Daugava River, locals gather for fresh produce, artisan goods, and Latvian artwork. Stay the extra night, it's worth it.

Attraction 

## House of the Black Heads

Built in the 14th century, the House of the Black Heads is one of Riga's most striking buildings, and it looks even better once you're inside. It's a building that tells the whole story of Riga in one go, so if you've only got time for one sight, make it this one.

# Madrid *Spain*



Coffee shop ☕

## Toma Café

Small, leisurely, and exactly what a Madrid morning should feel like. Toma Café is the city's original specialty roastery offering some of the best coffee you'll find in Spain. The brunches are worth lingering over too, if your schedule allows you to sit in.

Restaurant 🍴

## Sobrino de Botín

The oldest restaurant in the world isn't in Paris or Rome - it's on a quiet street in Madrid. With a wine cellar dining room, a Guinness World Record, and traditional Spanish cuisine served without interruption since 1725, Sobrino de Botín has earned its reputation as one of Madrid's best spots.





Hidden Gem 

## Templo de Debod

An ancient Egyptian temple in a Madrid park sounds like too strange to be true, but Templo de Debod is exactly that. It's something you'd never expect to find but never quite forget - especially if you catch it at sunset.

Bar 

## El Viajero

As the name of this bar literally translates to 'the traveller', it would be amiss not to visit during your Madrid trip. Serving drinks and tapas in the vibrant neighbourhood of La Latina, there's no better place to decompress after a long day.

Attraction 

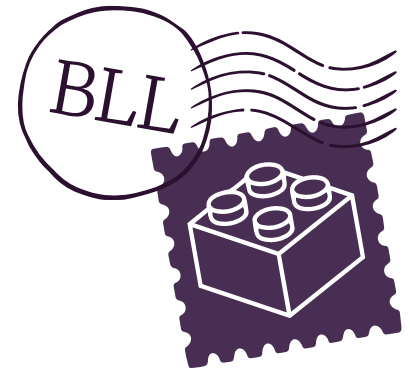
## Museo del Prado

An extensive collection of Spanish art and sculpture, the Museo del Prado is one of the most visited museums in the world, and for good reason. If you can carve out a couple of hours, Goya and Velázquez up close is an experience that no photograph or screen can do justice to.



# Billund

Denmark



Coffee shop 

## Billund Bageri

Established in 1929, this traditional bakery offers baked goods, pastries, sandwiches, and of course, coffee. The perfect spot to sample Danish specialties from cardamom buns to smørrebrød and give your day a proper start.

Restaurant 

## Refborg Eatery

Refborg Eatery does Nordic food the right way. With locally sourced ingredients, fresh bread baked in-house, and an outstanding beer selection, it is the kind of unhurried dinner spot that a long day of meetings genuinely deserves.

Bar 

## Billund Gastropub

The Billund Gastropub is the go-to spot for an after-work drink in town. Unpretentious and welcoming, this local bar makes a small Danish town feel like exactly the right place to be.

Attraction 

## LEGO House

As the home of LEGO, a visit to Billund would not be complete without some brick tourism. The LEGO house, an architectural wonder in itself, contains over 25 million LEGO bricks assembled into a plethora of impressive sculptures. Make sure you pick up something from the gift shop that the family will love.



Hidden Gem 

## Billund Lake (Billund Sø)

When you need ten minutes away from it all, Billund Lake delivers. A quiet reservoir just outside town, popular with locals for walking and unwinding. Completely off the tourist radar and a great spot for an early morning or evening walk to disconnect from it all.





# Paris

France

Coffee shop ☕

## Télescope Café

Tucked away in the Japanese quarter, just a stone's throw from the Musée du Louvre, is a seriously good coffee spot. Téléscope Café has internationally sourced roasts, a relaxed atmosphere and a strict no-laptop policy that forces you to actually switch off for twenty minutes.

Restaurant 🍴

## Chez Janou

Chez Janou brings the warmth of Provence straight to the heart of Paris, with a menu of southern French classics that does the region proud. With over 80 varieties of pastis behind the bar and a chocolate mousse so generous it barely fits the bowl, you won't want to miss it.

Bar 🍸

## Le Syndicat

A small bar full of character, with one rule - everything on the menu is French. The cocktails are inventive and the atmosphere is intimate. It's somewhere you'd never stumble across without a tip off that gives you a real taste of Paris.



Attraction 

## Palais Royal Gardens

A hidden oasis two minutes from the Louvre that most visitors never find. Palais Royal Gardens is a beautiful courtyard right in the centre of Paris. If you want to unwind and you've only got twenty minutes between meetings, this is exactly where to spend them.

Hidden Gem 

## Canal Saint-Martin

Not every Paris evening needs to be spent in a tourist hotspot. Canal Saint-Martin is all tree-lined waterways, indie cafés and a laid-back neighbourhood energy that will show you a different side to the French capital.



# Milan *Italy*

Coffee shop ☕

## Orsonero Coffee

A welcoming café in the Porta Venezia neighbourhood that has a reputation for doing mornings right. Orsonero serves coffee the Italian way - with no fuss. For the perfect start before a busy day in Milan, make sure you grab a filled croissant too.

Restaurant 🍴

## Trattoria Milanese

This family-run trattoria serves all the Lombard classics: risotto, veal cutlet, mondegili. The expansive wine selection and high quality ingredients keep locals coming back. It fills up fast and for good reason, so make sure to book ahead.



Bar 

## Bar Basso

Birthplace of the Negroni Sbagliato, if by accident, Bar Basso hosts a varied clientele, as different generations and walks of life mingle around some classic Italian cocktails. If you want a taste of the 'old Milan', start here.

Attraction 

## Duomo di Milano

Everyone knows the Duomo, but nothing prepares you for it in person. Over 3,000 statues, 135 gargoyles, and more detail than you could take in on a single visit. The views over Milan from the roof are also the kind that make you glad you carved out the time.

Hidden Gem 

## QC Termemilano

Sometimes work trips cause tension that even the bar won't cut it. QC Termemilano is the answer for that. This full experience spa offers pools, treatments, and a setting that feels completely removed from the pace of the city outside.





# Lisbon

*Portugal*



Coffee shop ☕

## Hello, Kristof

Hello, Kristof roasts everything in-house, which means the coffee is as fresh as it gets. It's cosy, relaxed, and lets the quality speak for itself. This kind of coffee will make you come back every morning of your stay.

Restaurant 🍴

## Zé da Mouraria

This down-to-earth eatery is just honest Portuguese cooking done properly. Zé da Mouraria is a neighbourhood eatery that locals actually eat at, serving up traditional cuisine in portion sizes that mean you won't need to eat again until tomorrow.





Bar 🍹

## Park

You won't get a better view of the sunset than from this rooftop bar. Park floats above Lisbon's colourful buildings, giving you an opportunity to relax and enjoy the view with a cold drink in hand.

Attraction 📷

## Jerónimos Monastery

Few buildings in Lisbon carry as much history as Jerónimos Monastery. Built to mark Portugal's age of exploration, it's an extraordinary place to have a wander. Walking through the sprawling gardens and rows of arches, you'll be transported into the old Kingdom of Portugal.

Hidden Gem 💎

## LX Factory

Most visitors to Lisbon stick to the same few streets, but LX Factory is worth the short trip out to Alcântara. This vibrant spot is filled with concept stores, bookshops, wine merchants, and some great places to eat and drink, all with an industrial edge that gives it a character most of the city centre can't match.



# Berlin

*Germany*



Coffee shop ☕

## THE BARN

The Barn is one of Berlin's - and even Europe's - most respected roasteries, with cafés dotted across the city so there's almost always one on your route. Each one is calm, minimal, and entirely focused on getting the coffee right.

Restaurant 🍴

## Max und Moritz

A Berlin institution since 1902, Max und Moritz has been doing hearty German cooking in Kreuzberg long before the neighbourhood became a go to spot. Set in a classic inn with proper food, great German beer, it's exactly where you'd want to end up after a long day.



Bar 🍹

## Klunkerkranich

Berlin has a reputation for doing things differently, and Klunkerkranich is proof. Perched on top of a shopping centre car park in Neukölln with live music most weekends and a crowd that captures the city's subculture better than anywhere a travel guide would normally send you.



Attraction 📷

## Teufelsberg

Built on a hill made entirely from wartime rubble, this former American Cold War spy station sat at the heart of Berlin's divided history. Abandoned for decades and now covered floor to ceiling in street art, Teufelsberg packs in the city's history in one visit.



Hidden Gem 💎

## Tempelhofer Feld

Only in Berlin would an old airport become a public park. The runways are now a large public park against the backdrop of one of the world's largest buildings. It's free, open, and unlike anything else in Europe.

